

SUZANNE R. SIBILLA M.A. LMFT

Life & Business Strategist

Suzanne helps high-level professionals and organizations pivot through change so that they can be productive, engaged, and empowered.

Suzanne has over 20+ years' experience as a leader, trainer, coach, and Licensed Marriage Family Therapist. She is the **#1 bestselling author of *Pivot YOU!*** 6 Powerful Steps to Thriving in Uncertain Times.

Suzanne has coached thousands of executives and professionals in the United States, Philippines, Malaysia, Indonesia, and Singapore with a 95% client satisfaction rating.

For over 8 years, Suzanne managed her mom's Alzheimer's care, ill in-laws, family, business, rental properties, and son with severe anaphylactic food allergies.

Suzanne truly knows what it takes to pivot from fear, uncertainty, and overwhelm to courage and abundance

Focus Areas

- **Employee Health & Wellness Workshops**
- **Stress and Burnout Recovery**
- **Pivot YOU Thriving Workshops**
- **Leadership & Team Development**
- **Personal Development**



#1 Bestselling Author

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